

# **HHSC Crisis Services Guide**

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**Chief Program and Services  
Office**



**TEXAS**  
Health and Human  
Services

**Texas Health and Human  
Services Commission**

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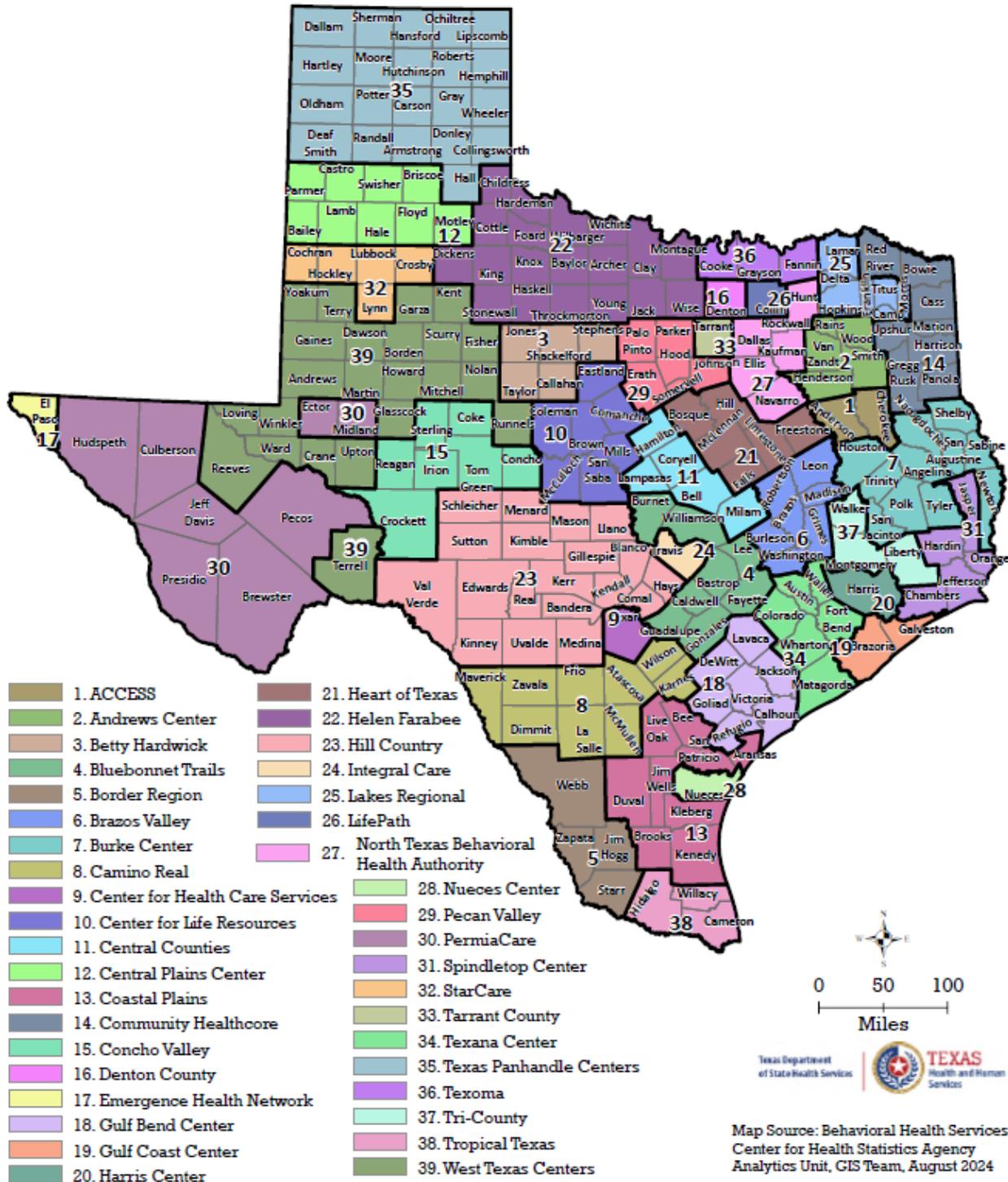
## About This Guide

This guide provides a summary of the various state-funded crisis services and the organizations that can help connect people to those resources.

### **Local Mental Health and Local Behavioral Health Authorities**

Every county in Texas is served by a designated Local Mental Health Authority (LMHA) or Local Behavioral Health Authority (LBHA). LMHA and LBHA staff help people understand which treatment options address the challenges associated with their mental illness needs and ultimately achieve recovery. Each LMHA and LBHA provide a wide array of services and supports and connects people with resources unique to their community.

# Local Mental Health and Behavioral Health Authorities



## Local Intellectual and Developmental Disability Authorities

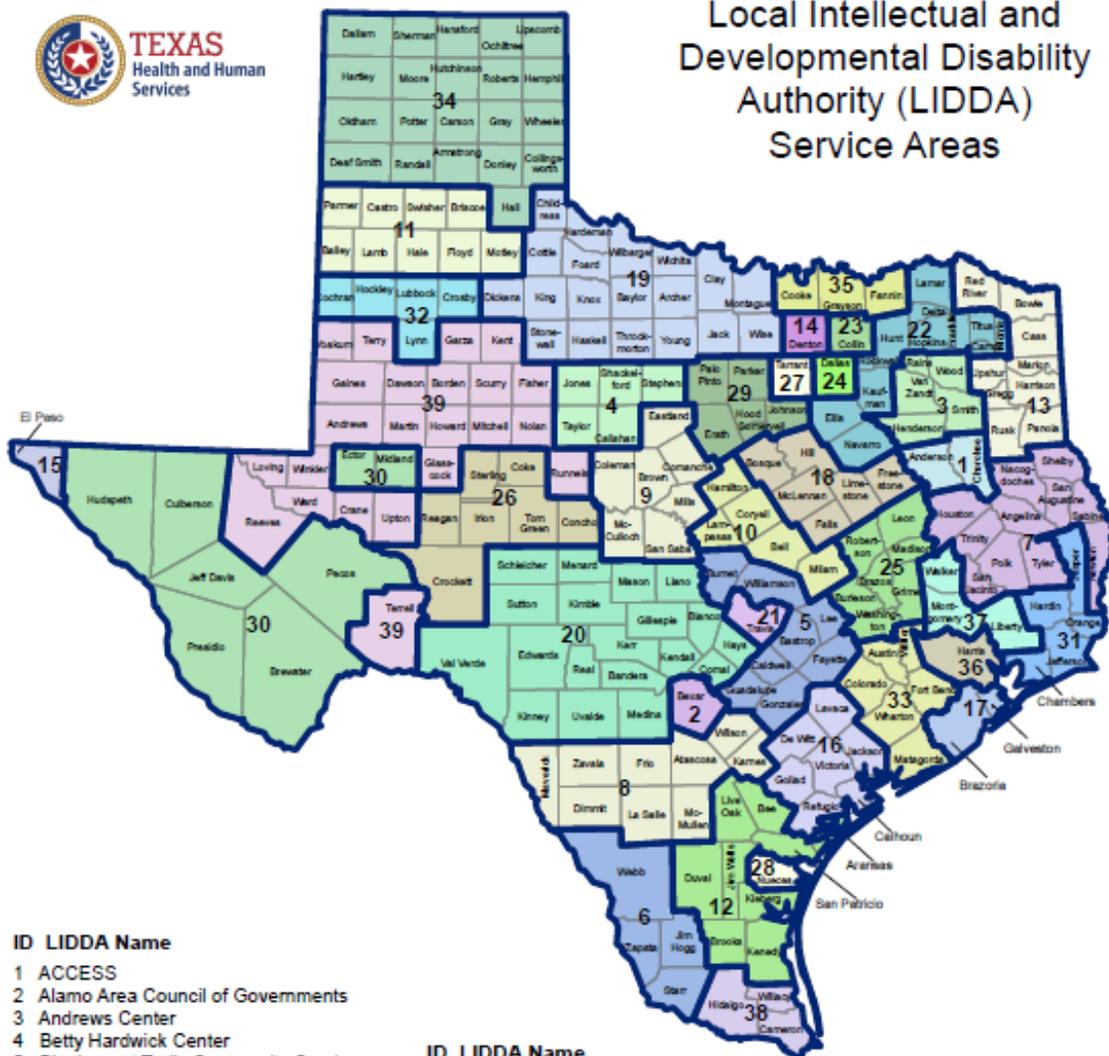
Local Intellectual and Developmental Disability Authorities (LIDDAs) serve as the point of entry for publicly funded intellectual and developmental disability programs, whether the program is provided by a public or private entity. LIDDAs provide or contract to provide an array of services and supports for people with intellectual or developmental disabilities (IDD) and are responsible for enrolling eligible people into the following Medicaid programs:

- [Intermediate Care Facilities for Individuals with an Intellectual Disability \(ICF/IID\)](#), which includes state supported living centers;
- the [Home and Community-based Services \(HCS\)](#) waiver program;
- [Texas Home Living \(TxHmL\)](#) waiver program; and
- Non-waiver [Community First Choice](#).

LIDDAs also conduct permanency planning for people under age 22 residing in an ICF/IID or a residential setting of the HCS Program. A map of the local authorities and Health and Human Services service areas is provided on the following page. A list of the LMHA and LBHAS and the counties they serve may be found in Appendix A. A list of the LIDDAs in Texas may be found in Appendix B.



## Local Intellectual and Developmental Disability Authority (LIDDA) Service Areas



**ID LIDDA Name**

- 1 ACCESS
- 2 Alamo Area Council of Governments
- 3 Andrews Center
- 4 Betty Hardwick Center
- 5 Bluebonnet Trails Community Services
- 6 Border Region Behavioral Health Center
- 7 Burke
- 8 Camino Real Community Services
- 9 Center for Life Resources
- 10 Central Counties Services
- 11 Central Plains Center
- 12 Coastal Plains Integrated Health
- 13 Community Healthcore
- 14 Denton County MHMR Center
- 15 Emergence Health Network
- 16 Gulf Bend Center
- 17 Gulf Coast Center
- 18 Heart of Texas Behavioral Health Network
- 19 Helen Farabee Centers
- 20 Hill Country MHDD
- 21 Integral Care
- 22 Lakes Regional Community Center

**ID LIDDA Name**

- 23 LifePath Systems
- 24 Metrocare
- 25 MHMR Authority of Brazos Valley
- 26 MHMR Concho Valley
- 27 MMHR Tarrant
- 28 Nueces Center for Mental Health and Intellectual Disabilities
- 29 Pecan Valley Centers for Behavioral and Developmental HealthCare
- 30 PermianCare
- 31 Spindletop Center
- 32 StarCare Specialty Health Center
- 33 Texana Center
- 34 Texas Panhandle Centers
- 35 Texoma Community Center
- 36 The Harris Center for Mental Health and IDD
- 37 Tri-County Behavioral Healthcare
- 38 Tropical Texas Behavioral Health
- 39 West Texas Centers

Data source: <https://apps.hhs.texas.gov/contact/ia.cfm>, September 1, 2024

# Types of Services Available at LMHAs and LBHAs

## Available Services

Crisis services are available 24/7 and include prompt face-to-face crisis assessment, crisis intervention services, and crisis follow-up and relapse prevention services. LMHAs and LBHAs operate an array of crisis programs consisting of crisis hotlines, mobile crisis outreach teams (MCOTs), mental health deputies (MHDs), various types of crisis facilities, and inpatient psychiatric beds.

## Crisis Services

**Crisis Hotline:** The Crisis Hotline is a 24/7 telephone service operated by trained crisis staff providing crisis screening and assessment, crisis intervention services, mental health and substance use referrals, and general mental health and substance use information to the community. The crisis hotline is an integrated component of the overall crisis service delivery system and is accessible toll-free throughout each LMHA and LBHA service area.

**988 Suicide and Crisis Lifeline (988):** 988 provides 24/7 confidential support for people experiencing a mental health or suicide crisis, prevention services, and crisis resources at no cost. When a caller connects to one of the 988 crisis centers or national backup center, a trained crisis counselor is available to listen to the caller, provide support, and share resources or referrals, as needed. The 988 network crisis centers offer support via phone, online chat, and text. There are currently six 988 crisis centers operating in Texas:<sup>1</sup>

- My Health My Resources (MHMR) of Tarrant County
- Emergence Health Network
- The Harris Center
- Integral Care

<sup>1</sup> The Health and Human Services Commission (HHSC) contracts with MHMR of Tarrant County, Emergence Health Network, The Harris Center, Bluebonnet Trails Community Services, and Integral Care.

- Bluebonnet Trails through Avail Solutions Inc.

**MCOTs:** MCOTs provide a combination of 24/7 crisis services, including emergent care (response within one hour), urgent care (response within eight hours), crisis follow-up, and relapse prevention to children, adolescents, or adults in the community. A team is comprised of two or more staff providing psychiatric emergency care who go into the community to begin the process of assessment and provide recommendations for the least restrictive treatment environment. The MCOT responds to calls in the community and collaborates closely with community partners, such as law enforcement and local emergency departments (EDs), to ensure behavioral healthcare needs are appropriately addressed.

**MHDs:** Several LMHAs and LBHAs subcontract with local sheriffs' departments to deploy a certified MHD to address people in crisis. An MHD is an officer specially trained in crisis intervention working collaboratively with the community and the LMHA's or LBHA's crisis response teams. MHDs help improve the crisis response system by diverting people in need of behavioral health crisis services from hospitals and jails to community-based alternatives providing effective behavioral health treatment.

**Other Community-Based Crisis Programs:** HHSC also funds other community-based crisis programs, including continuity of care, inpatient substance use and withdrawal management, a mental health docket, a crisis intervention response team, triage, and substance use treatment within a crisis residential facility. Examples include:

**Continuity of Care:** Continuity of Care and Continuity of Care Navigator services help LMHAs or LBHAs develop and maintain communication, collaboration, and continuity of care coordination with local hospitals, state hospitals, mental health emergency centers, jails, local law enforcement, crisis intervention services, and other essential stakeholders. This program diverts people experiencing a behavioral health crisis from the criminal justice system and reduces unplanned use of local EDs to manage behavioral health crises.

**Substance Use Disorder Treatment within a Crisis Residential Facility:** Helen Farabee Centers and the Texana Center LMHAs offer substance use disorder (SUD) treatment within a crisis residential facility. These programs provide an intensive day program focused on treatment for people with a co-occurring psychiatric and SUD to divert them from the criminal justice system.

**Mental Health Docket:** The Mental Health Docket program at Texas Panhandle MHMR serves people with a serious mental illness who have frequent interaction with the criminal justice system.

**Crisis Intervention Response Team:** The Crisis Intervention Response Team program at Tri-County Behavioral Healthcare assists law enforcement officers with behavioral health calls, evaluates people in behavioral health crises in their natural environment, and makes appropriate referrals for mental health services, thereby reducing the numbers of people that inappropriately end up in the jails or local EDs.

**Triage Program-** Registered nurses provide triage services to assess people experiencing a crisis and determine whether they should go to a local ED or an LMHA or LBHA community-based behavioral health crisis facility. Triage services are part of the process of initial crisis assessment to determine whether the person requires further assessment, and the type and urgency of the response required from mental health or other physical health services to resolve the crisis.

## Crisis Facilities

Several LMHAs and LBHAs operate crisis facilities funded by HHSC through a Community-Based Crisis Programs (CBCP) contract. Crisis facilities may be staffed with mental health professionals, medical professionals, or others (such as peer providers) offering assessment, support and services to achieve psychiatric stabilization to people with behavioral health needs.

There are four types of HHSC-funded crisis facilities:

1. **Crisis Respite:** Crisis respite provides short-term, community-based crisis care for children, adolescents, and adults who pose a low risk of harm to themselves or others and may have some functional impairment that necessitates direct supervision and care, but who do not require hospitalization. This is the least intensive, facility-based crisis option.

Services may be provided for up to 10 days. Many people served in these programs have experienced an event causing significant distress, are having housing challenges, or have loved ones or caretakers seeking temporary support or supervision for the person. Facility-based crisis respite services have trained staff on-site 24/7. HHSC allocates funds to 15 LMHAs and LBHAs to operate crisis respite facilities.

2. **Crisis Residential:** Crisis residential units (CRUs) provide up to 14 days of short-term, community-based residential crisis treatment to children, adolescent and adults, who have a severe impairment in their ability to function, demonstrate a psychiatric crisis that cannot be stabilized in a less intensive setting, and present with increased risk of harming themselves or others. This is a more intensive, facility-based crisis option with trained staff on-site 24/7. HHSC allocates funds to seven LMHAs and LBHAs to operate CRUs.
3. **Extended Observation Units:** Extended Observation units (EOUs) provide adults, presenting on voluntary or involuntary status, with access to emergency psychiatric care 24/7. EOUs may also provide services to children and adolescents. EOU services are provided in a safe and secure environment and staffed by medical personnel, mental health professionals, and trained crisis support staff. EOUs provide emergency services for up to 48 hours to people in psychiatric crisis. Services are provided in a secure, protected, clinically staffed, psychiatrically supervised environment with immediate access to urgent or emergent medical and psychiatric evaluation and treatment. People seeking treatment in an EOU may pose a moderate to high risk of harm to themselves or others. Prior to the end of the 48-hour period, EOU staff make a determination regarding whether the person has stabilized or requires psychiatric hospitalization. HHSC allocates CBCP funds to eight LMHAs and LBHAs to operate EOUs.
4. **Crisis Stabilization Units:** Crisis Stabilization Units (CSUs) provide up to 14 days of 24/7 short-term, residential treatment to children, adolescents, and adults; and designed to reduce acute symptoms of mental illness in a secure, protected, clinically staffed and psychiatrically supervised treatment environment. Although it is slightly less intensive than a full psychiatric hospitalization, this is one of the most intensive facility-based crisis options. CSUs are the only crisis facility type that require licensure in accordance with the Texas Administrative Code, Chapter 510, Subchapter B. HHSC allocates CBCP funds to three LMHAs to operate CSUs.

## **Inpatient Psychiatric Beds**

HHSC provides funding to LMHAs and LBHAs to provide inpatient psychiatric services to people with acute symptoms in need of inpatient psychiatric treatment and stabilization. These services treat people on a voluntary admission, civil commitment, or forensic commitment. Civil commitments are for people receiving

court-ordered mental health treatment through a probate court. Forensic commitments are for mental health treatment as ordered by a criminal court, and for people adjudicated incompetent to stand trial pursuant to Texas Code of Criminal Procedure, Chapter 46B relating to Incompetency to Stand Trial, or not guilty by reason of insanity pursuant to Chapter 46C.

**Community Mental Health Hospitals:** HHSC contracts for inpatient beds at three community mental health hospitals (CMHHs):

- Sunrise Canyon
- Harris County Psychiatric Center
- St. Joseph Hospital

**Private Psychiatric Beds:** HHSC contracts for private psychiatric hospital beds (PPBs) across the state. Length of stay varies by LMHA or LBHA and allocated funding.

**Contracted Psychiatric Beds:** Contracted psychiatric beds (CPBs) provide brief stays in licensed psychiatric hospitals to relieve acute symptoms and restore a person's ability to function in a less restrictive setting. Length of stay varies by LMHA or LBHA and allocated funding. These beds are available through 22 LMHAs and LBHAs.

## Coverage by Service Type

Crisis hotlines and MCOTs are available across the state in all 254 counties. CMHHs, PPBs, and CPBs are for treatment for inpatient civil commitment and voluntary admissions, unless otherwise indicated.

**Table 1. Services by LMHA, LBHA, Facility Type and County**

<b>LMHA or LBHA</b>	<b>Facility Type</b>	<b>Counties Served</b>
<b>1. ACCESS</b>	PPBs (Forensic and Civil)	Anderson and Cherokee
<b>2. Andrews Center</b>	CPBs, PPBs	Henderson, Rains, Smith, Van Zandt, and Wood
<b>3. Betty Hardwick Center</b>	CPBs, PPBs	Callahan, Jones, Shackelford, Stephens and Taylor
<b>4. Bluebonnet Trails Community Services</b>	EOU, Children’s Crisis Respite Unit, Crisis Respite Unit, PPBs	Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson
<b>5. Border Region</b>	CSU, PPBs	Webb, Jim Hogg, Starr, and Zapata
<b>6. Burke Center</b>	EOU, CRU, PPBs	Angelina, Houston, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler
<b>7. Camino Real Community Services</b>	CRU, CPBs, PPBs	Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson, and Zavala
<b>8. Center for Health Care Services</b>	EOU, PPBs	Bexar
<b>9. Center for Life Resources</b>	Crisis Respite Unit, PPBs	Brown, Coleman, Comanche, Eastland,

LMHA or LBHA	Facility Type	Counties Served
		McCulloch, Mills and San Saba
<b>10. Central Counties Services</b>	PPBs	Bell, Coryell, Hamilton, Lampasas, and Milam
<b>11. Central Plains Center</b>	Crisis Respite Unit, CPBs, MHD	Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher
<b>12. Coastal Plains Community Center</b>	CPBs, PPBs	Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Life Oak, and San Patricio
<b>13. Community Healthcare</b>	EOU, CRU, PPBs, CPBs	Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur
<b>14. Denton County MHMR Center</b>	PPBs	Denton
<b>15. Emergence Health Network</b>	CRU, EOU, CPBs, PPBs	El Paso
<b>16. Gulf Bend Center</b>	CPBs, PPBs, MHD	Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria
<b>17. Gulf Coast Center</b>	CMHH, PPBs	Brazoria and Galveston
<b>18. Heart of Texas Region MHMR Center</b>	EOU, Crisis Respite Unit, CRU, PPBs, MHD	Bosque, Falls, Freestone, Hill, Limestone and McLennan

LMHA or LBHA	Facility Type	Counties Served
<b>19. Helen Farabee Centers</b>	Crisis Respite Unit, CPBs	Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise and Young
<b>20. Hill Country Mental Health and Developmental Disabilities Centers</b>	CSU, CPBs, PPBs, MHD	Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde
<b>21. Integral Care</b>	Crisis Respite Unit, CPBs, PPBs	Travis
<b>22. Lakes Regional Community Center</b>	PPBs	Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus
<b>23. Lifepath Systems</b>	EOU, CPBs, PPBs	Collin
<b>24. MHMR of Authority of Brazos Valley</b>	CPBs, PPBs	Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington
<b>25. MHMR of Tarrant County</b>	Crisis Respite Unit, Adolescent Crisis Respite Unit, CRU, PPBs	Tarrant

LMHA or LBHA	Facility Type	Counties Served
<b>26. MHMR Services for the Concho Valley</b>	Crisis Respite Unit, MHD, CPBs, PPBs	Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green
<b>27. North Texas Behavioral Health Authority</b>	PPBs	Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall
<b>28. Nueces Center for Mental Health and Intellectual Disabilities</b>	Crisis Respite Unit, PPBs	Nueces
<b>29. Pecan Valley Centers for Behavioral and Developmental Healthcare</b>	CPBs, PPBs, Crisis Respite Unit	Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell
<b>30. PermianCare</b>	CPBs, MHD, PPBs	Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio
<b>31. Spindletop Center</b>	EOU, Crisis Respite Unit, CRU, CPBs, PPBs, MHD	Chambers, Hardin, Jasper, Jefferson, and Orange
<b>32. Starcare Specialty Health System</b>	CMHH, PPBs	Lubbock, Lynn, Cochran, Crosby, and Hockley
<b>33. Texana Center</b>	CPBs, PPBs	Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton
<b>34. Texas Panhandle Centers</b>	CPBs, PPBs	Armstrong, Carson, Collingsworth, Dallam, Deaf Smith,

LMHA or LBHA	Facility Type	Counties Served
		Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman, and Wheeler
<b>35. Texoma Community Center</b>	PPBs	Cooke, Fannin, and Grayson
<b>36. The Harris Center for Mental Health and IDD</b>	Peer Crisis Respite Unit, PPBs, CMHH	Harris
<b>37. Tri-County Behavioral Healthcare</b>	CSU, CPBs, PPBs	Liberty, Montgomery, and Walker
<b>38. Tropical Texas Behavioral Health</b>	CPBs, PPBs	Cameron, Hidalgo, and Willacy
<b>39. West Texas Centers</b>	Crisis Respite Unit, CPBs, PPBs, MHD	Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum

## Fiscal Year 2023 Legislative Budget Board Measures

1. Number of persons receiving crisis outpatient services per year funded by general revenue:

Target score: **93,400**

Fiscal Year 2023 score: **86,305**

2. Average general revenue spent per person for crisis outpatient services:

Target score: **\$445**

Fiscal Year 2023 score: **\$453**

3. Number of persons receiving crisis residential services per year funded by general revenue:

Target score: **23,200**

Fiscal Year 2023 score: **10,854**

4. Average general revenue spent per person for crisis residential services:

Target score: **\$2,300**

Fiscal Year 2023 score: **\$2,923**

5. Average daily cost per occupied mental health community hospital bed:

Target score: **\$581**

6. Average daily number of occupied mental health community hospital bed:

Target score: **724**

Fiscal Year 2023 score: **972**

7. Percent receiving crisis services who avoid psychiatric hospitalization:

Target score: **97%**

Fiscal Year 2023 score: **97.93%**

## Types of Services Available at LIDDAs

LIDDAs utilize the following services to provide crisis prevention and management for people with IDD:

### Crisis Services

**Service Coordination:** Service coordinators link and assist people receiving services through TxHmL, HCS, general revenue-funded, and Community First Choice programs with available services and supports that enable people to prevent or manage crises.

**Crisis Intervention Specialist (CIS):** The CIS ensures people with IDD are receiving necessary services and supports while in crisis. The CIS works with LIDDA staff, law enforcement, MCOTs, and families to identify people in need of crisis assistance and offers prevention strategies, training, and support services. The CIS provides consultation and collaborates with the MCOT and develops criteria for people being referred for crisis respite.

**Crisis Respite:** Short-term service providing therapeutic support for a person with a diagnosis of intellectual and developmental disabilities (IDD) who is experiencing a crisis that cannot be stabilized with existing natural or formal supports, that includes:

**Out-of-Home Crisis Respite:** provided in a safe environment with staff on-site providing 24-hour supervision for up to 14 calendar days. Out-of-home crisis respite is provided in the following settings:

- ▶ an intermediate care facility for individuals with an intellectual disability or related condition (ICF/IID);
- ▶ a Home and Community-based Services (HCS) group home;
- ▶ an HHSC-authorized crisis respite facility or residential facility; or
- ▶ a local intellectual and developmental disability authority (LIDDA)-operated facility.

**In-Home Crisis Respite:** provided to a person when it is deemed clinically appropriate for the person to remain in his or her natural environment and it is anticipated the crisis can be stabilized within 72 hours.

## **HCS Waiver Program Diversion Slots**

### **Crisis Diversion and Nursing Facility Diversion Slots**

The HCS program is a 1915(c) Medicaid waiver for people with IDD who are living in their own home, family home, or small group home. There are two types of HCS slots available for people at imminent risk of leaving the community for a more-restrictive setting: Crisis Diversion and Nursing Facility Diversion.

Both Crisis Diversion and Nursing Facility Diversion slots are accessed through the LIDDA. Each LIDDA has an IDD Diversion Coordinator who answers questions and submits all diversion slot requests to HHSC.

As a part of the slot request, LIDDA staff must be able to show that community resources are not available, including failed attempts to locate community-based services and supports. Community-based services and supports can be provided in an ICF/IID, through LIDDA general revenue-funded services, and (for minors) through supports from the local school district.

HHSC offers a certain number of HCS Crisis Diversion slots each month based on budgetary guidelines and in accordance with the legislative allocation for the biennium.

## **Outpatient Biopsychosocial Approach for IDD Services**

HHSC was allotted \$3 million for the 2020-21 biennium by the 86th Legislature, Regular Session, 2019 to provide outpatient mental health services for people with IDD. The agency was directed to spend \$1.5 million in each of the two fiscal years. Five LIDDAs alongside HHSC and the Texas Council of Community Centers, created the Learning Collaborative. The Learning Collaborative put together best practices to better serve the IDD community and designed the Outpatient Biopsychosocial approach for IDD Services (OBI).

OBI delivers outpatient mental health (MH) services tailored to people with IDD and MH needs. The program incorporates best practice models and associated strategies to enhance the accessibility of outpatient MH services. The biopsychosocial approach implemented by the LIDDAs offers a holistic perspective that shifts focus from the person's illness to a comprehensive understanding of the various aspects of an individual's life that influence mental well-being. People who are eligible

include children and adults with IDD (or presumed to have IDD), a co-occurring mental health condition, SUD or behavior support need.

**OBI is offered at the following five LIDDAs:**

Bluebonnet Trails Community Services

Integral Care

Lakes Regional Community Center

MHMR Tarrant

The Harris Center for Mental Health and IDD

**OBI is composed of four components:**

**Biopsychosocial Assessments** - An evidence-based biopsychosocial approach to care including a person-centered and trauma-informed treatment plan.

**Collaborative Care Case Management** - A holistic case management approach focused on increasing access and creating a team of medical, psychiatric, mental health and paraprofessionals to address the person's unique needs.

**Skills Training** - The sites offer both individual and their support system with training themes that address mental health, skills development, communication skills, applied behavior analysis/behavior therapy, psychoeducation, and case management/support.

**Training and Education** - Education and training on co-occurring IDD and mental health conditions provided to practitioners in the mental health, SUD, or other related fields.

## **Appendix A. LMHAs and LBHAs in Texas**

### **ACCESS**

[accessmhm.org](http://accessmhm.org)

1011 College Ave.

Jacksonville, TX 75766

(903) 589-9000

**Counties:** Anderson and Cherokee

### **Andrews Center**

[andrewscenter.com](http://andrewscenter.com)

2323 West Front St.

Tyler, TX 75702

(903) 597-1351

**Counties:** Henderson, Rains, Smith, Van Zandt, and Wood

### **Betty Hardwick Center**

[bettyhardwick.org/](http://bettyhardwick.org/)

2616 S Clack

Abilene, TX 79606

(325) 690-5100

**Counties:** Callahan, Jones, Shackelford, Stephens and Taylor

### **Bluebonnet Trails Community Services**

[bbtrails.org](http://bbtrails.org)

1009 N. Georgetown St.

Round Rock, TX 78664

(512) 255-1720

**Counties:** Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson

### **Border Region Behavioral Health Center**

[borderregion.org](http://borderregion.org)

1500 Pappas St.

Laredo, TX 78041

(956) 794-3000

**Counties:** Jim Hogg, Starr, Webb, and Zapata

### **Burke Center**

[myburke.org](http://myburke.org)

2001 S Medford Dr.  
Lufkin, TX 75901  
(936) 639-1141

**Counties:** Angelina, Houston, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

### **Camino Real Community Services**

[caminorealcs.org](http://caminorealcs.org)

19965 FM 3175 N.  
Lytle, TX 78052  
(210) 357-0300

**Counties:** Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson, and Zavala

### **Center for Health Care Services**

[chcsbc.org/](http://chcsbc.org/)

6800 Park Ten Blvd. Suite 200-S  
San Antonio, TX 78213  
(210) 261-2427

**County:** Bexar

### **Center for Life Resources**

[cflr.us](http://cflr.us)

408 Mulberry St.  
Brownwood, TX 76801  
(325) 646-9574

**Counties:** Brown, Coleman, Comanche, Eastland, McCulloch, Mills, and San Saba

### **Central Counties Services**

[centralcountiesservices.org](http://centralcountiesservices.org)

304 S 22nd St.  
Temple, TX 76501  
(254) 298-7000

**Counties:** Bell, Coryell, Hamilton, Lampasas, and Milam

### **Central Plains Center**

[clplains.org](http://clplains.org)

2700 Yonkers St.  
Plainview, TX 79072

(806) 293-2636

**Counties:** Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher

**Coastal Plains Community Center**

[coastalplainsctr.org](http://coastalplainsctr.org)

200 Marriott Dr.

Portland, TX 78374

(361) 777-3991

**Counties:** Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, and Kleberg

**Live Oak and San Patricio**

Community Healthcore

[communityhealthcore.com](http://communityhealthcore.com)

107 Woodbine Pl.

Longview, TX 75601

(903) 758-2471

**Counties:** Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur

**Denton County MHMR Center**

[dentonmhmr.org](http://dentonmhmr.org)

2519 Scripture St.

Denton, TX 76201

(940) 381-5000

**County:** Denton

**Emergence Health Network**

[emergencehealthnetwork.org](http://emergencehealthnetwork.org)

201 E. Main, Suite 600.

El Paso, TX 79901

(915) 887-3410

**County:** El Paso

**Gulf Bend Center**

[gulfbend.org](http://gulfbend.org)

6502 Nursery Drive, Suite 100

Victoria, TX 77904-1178

(361) 575-0611

**Counties:** Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria

**Gulf Coast Center**

[gulfcoastcenter.org](http://gulfcoastcenter.org)

4444 West Main St  
League City, TX 77573  
(409) 763-2373

**Counties:** Brazoria and Galveston

**Heart of Texas Region MHMR Center**

[hotrmhmr.org](http://hotrmhmr.org)

110 S 12th St.  
Waco, TX 76703  
(254) 752-3451

**Counties:** Bosque, Falls, Freestone, Hill, Limestone, and McLennan

**Helen Farabee Centers**

[helenfarabee.org](http://helenfarabee.org)

1000 Brook  
Wichita Falls, TX 76301  
(940) 397-3100

**Counties:** Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise, and Young

**Hill Country Mental Health and Developmental Disabilities Centers**

[hillcountry.org](http://hillcountry.org)

819 Water St, Suite 300  
Kerrville, TX 78028  
(830) 792-3300

**Counties:** Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde

**Integral Care**

[integralcare.org](http://integralcare.org)

1631 E. 2nd Street Bldg. D  
Austin, TX 78702  
(512) 804-3600

**County:** Travis

**Lakes Regional Community Center**

<https://www.lakesregional.org/>

400 Airport Rd.  
Terrell, TX 75160  
(972) 388-2000

**Counties:** Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus

**Lifepath Systems**

[lifepathsystems.org/](http://lifepathsystems.org/)

1515 Heritage Drive  
McKinney, TX 75069  
(972) 562-0190

**County:** Collin

**MHMR Authority of Brazos Valley**

[mhmrabv.org](http://mhmrabv.org)

1504 S. Texas Ave.  
Bryan, TX 77802  
(979) 822-6467

**Counties:** Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

**MHMR of Tarrant County**

[mhmtarrant.org](http://mhmtarrant.org)

3840 Hulen St., North Tower  
Fort Worth, TX 76107  
(817) 569-4300

**County:** Tarrant

**MHMR Services for the Concho Valley**

[mhmrcv.org](http://mhmrcv.org)

1501 W Beauregard St.  
San Angelo, TX 76901  
(325) 658-7750

**Counties:** Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green

**North Texas Behavioral Health Authority**

[ntbha.org/](http://ntbha.org/)

9441 Lyndon B. Johnson Freeway, Suite 350  
Dallas, TX 75243  
(214) 366-9407

**Counties:** Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall

**Nueces Center for Mental Health and Intellectual Disabilities**

[ncmhid.org/](http://ncmhid.org/)

1630 S Brownlee  
Corpus Christi, TX 78404  
(361) 886-6970

**County:** Nueces

**Pecan Valley Centers for Behavioral & Developmental HealthCare**

[pecanvalley.org](http://pecanvalley.org)

2101 W. Pearl  
Granbury, TX 76048  
(817) 579-4400

**Counties:** Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell

**PermiaCare**

[pbmhm.com](http://pbmhm.com)

401 E Illinois, Suite 403  
Midland, TX 79701  
844-420-3964

**Counties:** Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio

**Spindletop Center**

[spindletopcenter.org](http://spindletopcenter.org)

655 S 8th St.  
Beaumont, TX 77701  
(409) 784-5400

**Counties:** Chambers, Hardin, Jasper, Jefferson, and Orange

**StarCare Specialty Health System**

[StarCarelubbock.org](http://StarCarelubbock.org)

904 Avenue O St.  
Lubbock, TX 79401  
(806) 766-0310

**Counties:** Cochran, Crosby, Hockley, Lubbock, and Lynn

**Texana Center**

[texanacenter.com](http://texanacenter.com)

4910 Airport Ave.  
Rosenberg, TX 77471  
(281) 239-1300

**Counties:** Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton

**Texas Panhandle Centers**

[texaspanhandlecenters.org](http://texaspanhandlecenters.org)

901 Wallace Blvd.  
Amarillo, TX 79106  
(806) 358-1681

**Counties:** Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman and Wheeler

**Texoma Community Center**

[mhmrst.org](http://mhmrst.org)

315 W McLain Dr.  
Sherman, TX 75092  
(903) 957-4700

**Counties:** Cooke, Fannin and Grayson

**The Harris Center for Mental Health and IDD**

[theharriscenter.org](http://theharriscenter.org)

9401 Southwest Fwy.  
Houston, TX 77074  
(713) 970-7000

**County:** Harris

**Tri-County Behavioral Healthcare**

[tcmhmrs.org](http://tcmhmrs.org)

233 Sgt. Ed Holcomb Blvd. S.  
Conroe, TX 77304  
(936) 521-6100

**Counties:** Liberty, Montgomery, and Walker

**Tropical Texas Behavioral Health**

[ttbh.org](http://ttbh.org)

1901 S. 24 St.  
Edinburg, TX 78539  
(956) 289-7000

**Counties:** Cameron, Hidalgo, and Willacy

**West Texas Centers**

[wtcmhmr.org](http://wtcmhmr.org)

319 Runnels St.  
Big Spring, TX 79720  
(432) 263-0027

**Counties:** Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum

## **Appendix B. LIDDAs in Texas**

### **Alamo Area Council of Governments (AACOG)**

[aacog.com](http://aacog.com)

2700 NE Loop 410, Suite 101

San Antonio, Texas 78217

(210) 362-5200

**Counties:** Bexar

### **Anderson-Cherokee Community Enrichment Services (ACCESS)**

[access-center.org](http://access-center.org)

1011 College Avenue

Jacksonville, Texas 75766

(903) 586-9000

**Counties:** Anderson and Cherokee

### **Andrews Center**

[andrewscenter.com](http://andrewscenter.com)

2323 West Front Street

Tyler, Texas 75702

(903) 597-1351

**Counties:** Henderson, Rains, Smith, Van Zandt, and Wood

### **Betty Hardwick Center**

[bettyhardwick.org](http://bettyhardwick.org)

2616 S. Clack

Abilene, Texas 79606

(325) 690-5100

**Counties:** Callahan, Jones, Shackelford, Stephens, and Taylor

### **Bluebonnet Trails Community Services**

[bbtrails.org](http://bbtrails.org)

1009 N. Georgetown Street

Round Rock, Texas 78664

(512) 255-1720

**Counties:** Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee, and Williamson

### **Border Region Behavioral Health Center**

[borderregion.org](http://borderregion.org)

1500 Pappas Street

Laredo, Texas 78041

(956) 794-3000

**Counties:** Jim Hogg, Starr, Webb, and Zapata

### **Burke**

[myburke.org](http://myburke.org)

2001 S. Medford Drive  
Lufkin, Texas 75901  
(936) 639-1141

**Counties:** Angelina, Houston, Jasper\*, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

\*Burke LIDDA will serve Jasper County until 8/31/24; Spindletop LIDDA will start serving Jasper County on 9/1/24.

### **Camino Real Community Services**

[caminorealmhmr.org/](http://caminorealmhmr.org/)

19965 FM 3175 North  
Lytle, Texas 78052  
(210) 357-0300

**Counties:** Atascosa, Dimmit, Frio, Karnes, La Salle, Maverick, McMullen, Wilson, and Zavala

### **Center for Life Resources**

[cflr.us/](http://cflr.us/)

408 Mulberry  
Brownwood, Texas 76801  
(325) 646-9574

**Counties:** Brown, Coleman, Comanche, Eastland, McCulloch, Mills, and San Saba counties.

### **Central Counties Services**

[centralcountiesservices.org](http://centralcountiesservices.org)

304 S. 22nd Street  
Temple, Texas 76501  
(254) 298-7000

**Counties:** Bell, Coryell, Hamilton, Lampasas, and Milam

### **Central Plains Center**

[centralplains.org](http://centralplains.org)

2700 Yonkers  
Plainview, Texas 79072  
(806) 296-2636

**Counties:** Bailey, Briscoe, Castro, Floyd, Hale, Lamb, Motley, Parmer, and Swisher

### **Coastal Plains Community Center**

[coastalplainsctr.org](http://coastalplainsctr.org)

200 Marriott Drive  
Portland, Texas 78374

(361) 777-3991

**Counties:** Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak, and San Patricio

**Community Healthcore**

[communityhealthcore.com](http://communityhealthcore.com)

107 Woodbine Place  
Longview, Texas 75601  
(903) 758-2471

**Counties:** Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshur

**Denton County MHMR Center**

[dentonmhmr.org](http://dentonmhmr.org)

2519 Scripture  
PO Box 2346, Denton, TX 76202  
Denton, Texas 76202  
940-381-5000

**Counties:** Denton

**Emergence Health Network**

[emergencehealthnetwork.org/](http://emergencehealthnetwork.org/)

201 E. Main, Suite 600  
El Paso, Texas 79901  
(915) 887-3410

**Counties:** El Paso

**Gulf Bend Center**

[gulfbend.org](http://gulfbend.org)

6502 Nursery Drive, Suite 100  
Victoria, Texas 77904  
(361) 575-0611

**Counties:** Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria

**Gulf Coast Center**

[gcmhmr.com](http://gcmhmr.com)

4444 West Main  
League City, TX 77573  
(409) 763-2373

**Counties:** Brazoria and Galveston

**Heart of Texas Region MHMR Center**

[hotrmhmr.org](http://hotrmhmr.org)

110 S. 12th Street  
Waco, Texas 76701

(254) 752-3451

**Counties:** Bosque, Falls, Freestone, Hill, Limestone, and McLennan

**Helen Farabee Centers**

[helenfarabee.org](http://helenfarabee.org)

1000 Brook Street

Wichita Falls, Texas 76301

(940) 397-3143

**Counties:** Archer, Baylor, Childress, Clay, Cottle, Dickens, Foard, Hardeman, Haskell, Jack, King, Knox, Montague, Stonewall, Throckmorton, Wichita, Wilbarger, Wise, and Young

**Hill Country Mental Health & Developmental Disabilities Centers**

[hillcountry.org](http://hillcountry.org)

819 Water Street, Suite 300

Kerrville, Texas 78028

(830) 792-3300

**Counties:** Bandera, Blanco, Comal, Edwards, Gillespie, Hays, Kendall, Kerr, Kimble, Kinney, Llano, Mason, Medina, Menard, Real, Schleicher, Sutton, Uvalde, and Val Verde

**Integral Care**

[integralcare.org](http://integralcare.org)

1430 Collier Street

Austin, Texas 78704

(512) 447-4141

**Counties:** Travis

**Lakes Regional MHMR Center**

[lakesregional.org](http://lakesregional.org)

400 Airport Road

Terrell, Texas 75160

(972) 524-4159

**Counties:** Camp, Delta, Franklin, Hopkins, Lamar, Morris, and Titus

**LifePath Systems**

[lifepathsystems.org](http://lifepathsystems.org)

1515 Heritage Dr. Ste 10

McKinney, Texas 75069

(972) 422-5939

**Counties:** Collin

**Metrocare Services**

[metrocareservices.org](http://metrocareservices.org)

1330 River Bend Drive, Suite 300

Dallas, Texas 75247  
(214) 948-9950  
**Counties:** Dallas

**MHMR Authority of Brazos Valley**

[mhmrabv.org](http://mhmrabv.org)

1504 S. Texas Avenue  
Bryan, Texas 77802  
(979) 822-6467

**Counties:** Brazos, Burleson, Grimes, Leon, Madison, Robertson, and Washington

**MHMR Services for the Concho Valley**

[mhmrcv.org](http://mhmrcv.org)

1501 W. Beauregard  
San Angelo, Texas 76901  
(325) 658-7750

**Counties:** Coke, Concho, Crockett, Irion, Reagan, Sterling, and Tom Green

**MHMR of Tarrant County**

[mhmtarrant.org](http://mhmtarrant.org)

3840 Hulen Street, North Tower  
Fort Worth, Texas 76107  
Business phone: (817) 569-4300

**Counties:** Tarrant

**Nueces Center for Mental Health and Intellectual Disabilities**

[ncmhid.org/](http://ncmhid.org/)

1630 S Brownlee  
Corpus Christi, TX 78404  
(361) 886-6970

**County:** Nueces

**Pecan Valley Centers for Behavioral & Developmental HealthCare**

[pecanvalley.org](http://pecanvalley.org)

2101 W. Pearl St  
Granbury, Texas 76048  
Business phone: (817) 579-4400

**Counties:** Erath, Hood, Johnson, Palo Pinto, Parker, and Somervell

**PermiaCare**

[permiacare.org](http://permiacare.org)

401 E. Illinois, Suite 403  
Midland, Texas 79701

(432) 570- 3333

**Counties:** Brewster, Culberson, Ector, Hudspeth, Jeff Davis, Midland, Pecos, and Presidio

**Spindletop Center**

[stmhmr.org](http://stmhmr.org)

655 S. 8th Street  
Beaumont, Texas 77701  
(409) 784-5400

**Counties:** Chambers, Hardin, Jasper\*, Jefferson, and Orange

\*Burke LIDDA will serve Jasper County until 8/31/24; Spindletop LIDDA will start serving Jasper County on 9/1/24.

**StarCare Specialty Health System**

[StarCarelubbock.org](http://StarCarelubbock.org)

386 I-27  
Lubbock, Texas 79401  
(806) 766-0310

**Counties:** Cochran, Crosby, Hockley, Lubbock, and Lynn

**Texana Center**

[texanacenter.com](http://texanacenter.com)

4910 Airport Avenue  
Rosenberg, Texas 77471  
(281) 239-1300

**Counties:** Austin, Colorado, Fort Bend, Matagorda, Waller, and Wharton

**Texas Panhandle Centers**

[texaspanhandlecenters.org](http://texaspanhandlecenters.org)

901 Wallace Blvd  
Amarillo, Texas 79106  
(806) 358-1681

**Counties:** Armstrong, Carson, Collingsworth, Dallam, Deaf Smith, Donley, Gray, Hall, Hansford, Hartley, Hemphill, Hutchinson, Lipscomb, Moore, Ochiltree, Oldham, Potter, Randall, Roberts, Sherman, and Wheeler

**Texoma Community Center**

[texomacc.org](http://texomacc.org)  
2113 North Loy Lake Road  
Sherman, TX 75090  
(903) 957-4795

**Counties:** Cooke, Fannin, and Grayson

**The Harris Center for Mental Health and IDD**

[theharriscenter.org](http://theharriscenter.org)

9401 Southwest Freeway  
Houston, Texas 77074  
(713) 970-7000

**Counties:** Harris

### **Tri-County Behavioral Healthcare**

[tricountyservices.org](http://tricountyservices.org)

233 Sgt. Ed Holcomb Blvd. S.  
Conroe, Texas 77304  
(936) 521-6100

**Counties:** Liberty, Montgomery, and Walker

### **Tropical Texas Behavioral Health**

[ttbh.org](http://ttbh.org)

1901 S. 24th Ave.,  
Edinburg, Texas 78539  
(956) 289-7000 or 1-800-813-1233

**Counties:** Cameron, Hidalgo, and Willacy

### **West Texas Centers**

[wtcmhmr.org](http://wtcmhmr.org)

319 Runnels  
Big Spring, Texas 79720  
(432) 263-0007

**Counties:** Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum